Temperature Stress Causes Host Cell Detachment in Symbiotic Cnidarians: Implications for Coral Bleaching

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Abstract. During the past decade, acute and chronic bleaching of tropical reef corals has occurred with increasing frequency and scale. Bleaching, *i.e.*, the loss of pigment and the decrease in population density of symbiotic dinoflagellates (zooxanthellae), is often correlated with an increase or decrease in sea surface temperature. Because little is known of the cellular events concomitant with thermal bleaching, we have investigated the mechanism of release of zooxanthellae by the tropical sea anemone Aiptasia pulchella and the reef coral Pocillopora damicornis in response to cold and heat stress. Both species released intact host endoderm cells containing zooxanthellae. The majority of the released host cells were viable, but they soon disintegrated in the seawater leaving behind isolated zooxanthellae. The detachment and release of intact host cells suggests that thermal stress causes host cell adhesion dysfunction in these cnidarians. Knowledge of the cellular entity released by the host during bleaching provides insight into both the underlying release mechanism and the way in which natural environmental stresses evoke a bleaching response.

Introduction

Most tropical corals and sea anemones (Phylum Cnidaria) contain large populations of symbiotic dinoflagellates (zooxanthellae). The zooxanthellae are located in vacuoles within the host endoderm cells (Glider *et al.*, 1980; Trench, 1987) where they mediate the flux of carbon and nutrients between the host and the environment (Muscatine, 1990).

Zooxanthellae-cnidarian symbioses are normally stable; that is, they have a relatively constant ratio of zooxan-

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thellae to host biomass (Drew, 1972). During the past decade, however, ecologists have observed that relatively small changes in the physical parameters of the marine environment can dramatically influence the stability of these symbioses (Glynn, 1990). Cnidarian bleaching and mortality have often been correlated with unusually high or low sea surface temperatures in tropical oceans worldwide (Brown and Suharsono, 1990; Coles and Fadlallah, 1990; Glynn, 1990; Williams and Bunkley-Williams, 1990). Bleaching has been attributed to a reduction in the amount of chlorophyll a (Coles and Jokiel, 1977; Kleppel et al., 1989; Porter et al., 1989; Szmant and Gassman, 1990) and accessory pigments (Kleppel et al., 1989) per zooxanthella cell, a decline in the population density of the zooxanthellae (Fisk and Done, 1985; Hoegh-Guldberg and Smith, 1989), or both (Glynn and D'Croz, 1990; Lesser et al., 1990). Loss of zooxanthellae per se has been described extensively at the organismic level (Jaap. 1979; Gates, 1990; Glynn and D'Croz, 1990; Goreau and Macfarlane, 1990; Haves and Bush, 1990; Jokiel and Coles, 1990; Lesser et al., 1990; Szmant and Gassman, 1990), vet few investigators have addressed the underlying cellular mechanism (see O'Brien and Wyttenbach, 1980; Sandeman, 1988; Lesser et al., 1990) or the morphology of the cellular entity released. Insight into these features is essential for an understanding of how sea surface temperature anomalies or other environmental stresses destabilize zooxanthellae-cnidarian symbioses.

Zooxantheltae could be released by any of five mechanisms (Fig. 1), four of them resulting in the release of morphologically characteristic cellular entities. The five mechanisms are: (a) exocytosis of zooxanthellae from the host cell, resulting in the release of isolated algae (Steen and Muscatine, 1987); (b) apoptosis (programmed cell death) and (c) necrosis, both resulting in the release of



Figure 1. A schematic representation of five potential mechanisms by which zooxanthellae could be released from the endoderm of cnidarians, and the cellular entities associated with each mechanism. m, mesoglea; vm, host vacuolar membrane; hn, host cell nucleus; zx, zooxanthella (shaded for clarity of presentation).

zooxanthellae associated with remnants of the host cell (Searle *et al.*, 1982); (d) pinching off of the distal portion of the host cell, resulting in the release of zooxanthellae surrounded by the vacuolar and pinched off plasma membrane (Glider, 1983); and (e) detachment of endoderm cells from the host and release of these intact cells containing their complement of zooxanthellae.

Because cnidarians can be readily bleached in the laboratory by brief exposure to low (Steen and Muscatine, 1987; Muscatine *et al.*, 1991) or high (Hoegh-Guldberg and Smith, 1989; Glynn and D'Croz, 1990) seawater temperature, the mechanism of bleaching and the morphology of the cellular entities released can be investigated experimentally. This approach, together with scanning electron microscopy of endoderm of the Hawaiian sea anemone *A. pulchella* after experimental cold shock, revealed profiles that were interpreted as evidence of exocytosis of zooxanthellae (Steen and Muscatine, 1987). Indeed, examination of the cellular entities released 24 h after cold stress revealed abundant isolated zooxanthellae.

In this paper, we describe the cellular entity released by A. pulchella and the Hawaiian coral Pocillopora dam*icornis* immediately after a brief exposure to low or high temperature. P. damicornis is one of several coral genera that have undergone extensive bleaching in the tropical eastern Pacific during the elevated temperature of the El Niño-southern oscillation event (Glynn, 1990), and during upwelling and seasonal low temperatures (see Discussion in Glynn and D'Croz, 1990; see also Walker et al., 1982). Both species can be bleached in the laboratory, and bleaching is due to a reduction in zooxanthellae population density (Glynn and D'Croz, 1990; Muscatine et al., 1991). Observations of the cellular entities released at hourly intervals during, and shortly after, both cold and heat stress, showed clearly that temperature stress causes detachment and release of intact endoderm cells containing zooxanthellae. Soon after release, the host cells disintegrate in the environment, leaving isolated zooxanthellae.

Materials and Methods

Animal collection and maintenance

A. pulchella and *P. damicornis* were collected at 1 meter depth on Checker Reef adjacent to the Hawaii Institute of Marine Biology (HIMB), Coconut Island, Oahu, Hawaii. Habitat temperatures range annually from 21–22°C to 26–27°C (Jokiel and Coles, 1977). *P. damicornis* colonies were placed in running seawater and used for experiments at HIMB within three days of collection. *A. pulchella* was transported to the University of California at Los Angeles, maintained in an aquarium at 25°C on a 12 h light/dark regime, and fed twice a week on *Artemia* nauplii. Prior to experiments, the anemones were starved for 24 h in an incubator (Precision Scientific Model 8) at 25°C on a 12 h light/dark cycle at 40 μ mole quanta m⁻²·s⁻¹.

Temperature treatments

All experiments were carried out in darkness following the protocol of Muscatine *et al.* (1991).

Cold stress. Individuals of A. pulchella were incubated in Petri dishes $(35 \times 10 \text{ mm})$ containing 4 ml of 0.45 μ m Millipore filtered scawater (MFSW) chilled to 12°C. After 2.5 h, the chilled seawater was removed and replaced with seawater at 25°C. Anemones were maintained at 25°C in an incubator in darkness for 14 h. The cellular entities released to the seawater were then collected and processed as described below.

Small branches of *P. damicornis* (2–3 cm length) were removed from each coral colony and placed in beakers containing 25 ml of MFSW chilled to 12°C (for the protein assay, corals were cold stressed at 14°C). After 4 h, the



Figure 2. Left panel: photomicrographs of the host cells released to the seawater by *Aiptasia pulchella* in response to cold stress, stained for viability with fluorescein diacetate (×4000). Right panel: photomicrographs of the host cells released to the seawater by *Pocillopora damicornis* in response to cold stress, stained with the DNA specific fluorochrome Hoechst 33258 (×4000).

branches were immediately transferred to beakers containing 25 ml of MFSW at ambient temperature (23– 24°C). The beakers were placed in the seawater tables for ambient temperature control and the coral tissue and seawater in the beakers was sampled after 12 h. Controls for both species were treated identically to experimental animals but were maintained at ambient seawater temperature (25°C for *A. pulchella* and 23–24°C for *P. damicornis*) for 16–16.5 h.

Heat stress. Individuals of A. pulchella were placed in Petri dishes $(35 \times 10 \text{ mm})$ containing 4 ml of MFSW warmed to 32°C. Small branches of P. damicornis (2–3 cm length) were placed in beakers containing 25 ml MFSW pre-heated to 32°C. The animals were maintained at this temperature for up to 16 h. The water surrounding experimental specimens was examined microscopically at hourly intervals and the cellular entity released to the seawater removed and treated as described below. Control animals of both species were maintained at ambient seawater temperature (25°C for A. pulchella and 23–24°C for P. damicornis) over the experimental time period.

Staining and epifluorescence microscopy

The cellular entities released during and after temperature stress were collected with a fine bore mouth suction pipette and deposited onto coverslips coated with poly-L-lysine (0.1% in distilled water). The entities were stained for viability with the fluorogenic dye fluorescein diacetate (Sigma Chemical Co., stock solution 15 mg/ml in acetone; working solution 0.04 ml in 9.96 ml 0.1 M sodium phosphate, 3% sodium chloride, 0.004% calcium chloride, pH 7.4). The coverslips were rinsed twice in phosphate buffer, mounted and viewed under epifluorescence with an Olympus BH-2 microscope. Non-specific esterases in viable cells hydrolyze non-polar fluorescein diacetate to polar molecular fluorescein (Schupp and Erlandsen, 1987). Additional coverslips were treated for 30 min with the DNA specific fluorochrome Hoechst 33258 (Reynolds et al., 1986; Sigma Chemical Co., stock solution 5 mg/ml in distilled water; working solution 0.04 ml stock in 9.96 ml 0.1 M sodium phosphate, 3% sodium chloride, 0.004% calcium chloride). The coverslips were dipped in phosphate buffer, mounted, and viewed with epifluorescence microscopy.

Maceration and electron microscopy

The cellular entities released after cold stress were compared to isolated endoderm cells obtained by maceration of control anemones and corals. A. pulchella tissue was macerated using 0.05% collagenase (Type 1, Sigma Chemical Co.) and P. damicornis tissue was dissociated using calcium-free artificial seawater (Gates and Muscatine, 1992). Endoderm cells released by maceration and the cellular entities released to the seawater as a result of temperature stress were collected with a mouth pipette and transferred onto poly-L-lysine coated coverslips. The coverslips were immersed in 3% glutaraldehyde in 0.1 M sodium cacodylate buffer (pH 7.4) for 1 h, rinsed twice in 0.1 M sodium cacodylate buffer and post-fixed in 1% osmium tetroxide in 0.1 M sodium cacodylate for 30 min, After dehydration in 30, 50, 70, 90, 95, and 100% $(\times 3)$ ethanol, the coverslips and attached cells were immersed in hexamethyldisilazane (Applied Sciences, Inc.) for 5 min (Nation, 1983), dried in air, and then mounted on aluminum stubs. The stubs were coated with gold and viewed on a Cambridge 360 scanning electron microscope, with an accelerating voltage of 10 kV.

For transmission electron microscopy, the endoderm cells released by maceration of *P. damicornis* tissue and the cellular entities released as a result of temperature stress were collected and centrifuged (Eppendorf model 5414, full speed for 30 s) in microfuge tubes (Gilson, 1.5 ml). The pellets were fixed as described for scanning electron microscopy. After partial dehydration by sequential 30 min treatments in 30, 50, and 70% ethanol, the 70% ethanol was drained from the tube and immediately replaced with 2% agar. After the agar solidified, the tube was cut away from the agar plug containing either cold-



Figure 3. Scanning electron micrographs of individual host cells released by *Aiptasia pulchella* (A) and *Pocillopora damicornis* (B) in response to cold stress, and those obtained from *A pulchella* (C) and *P. damicornis* (D) by tissue maceration. Bar = 1 μ m.

stressed or macerated cells and dehydration completed through 90, 95, and 100% (\times 3) ethanol. The preparations were embedded via propylene oxide into epoxy resin (Spurr). Thin sections were cut using a Sorvall 6000 ultramicrotome, stained with lead acetate, and viewed on a JEOL transmission electron microscope.

Protein determination

To investigate the loss of animal protein to the seawater as a result of temperature stress, the seawater was removed from the Petri dishes of cold stressed and control *A. pulchella* and homogenized in a teflon-glass tissue grinder. Sodium dodecyl sulphate (SDS, 1% in seawater) was added to each homogenate to a final concentration of 0.05% (modified from McAuley, 1986). For *P. damicornis* a 4 ml sub-sample was removed from 25 ml seawater samples, homogenized, and treated with SDS as described above. Each sample was incubated at room temperature for 45 min to solubilize protein in the seawater and host cell membranes associated with released algae. The algae were pelleted by centrifugation (Damon/IEC model HN-S for 4 min at 3000 rpm) and the supernatant put aside for protein analysis as described below. Each algal pellet was resuspended in a known volume of MFSW and the total number of algae assessed using a hemacytometer.

Two 1 ml samples were removed from each supernatant and the amount of protein assessed spectrophotometrically using the method of Hartree (1972). To ensure that protein in the seawater samples was animal in origin and



Figure 4. Transmission electron micrographs of host cells released by *Pocillopora danucornis* in response to cold stress (A), and tissue maceration (B). HN, host cell nucleus; ZX, zooxanthella; VM, vacuolar membrane; PM, host cell plasma membrane; and M, mitochondria; Bar = 1 μ m.

not secreted by the algae during the 16.5-h experimental period, control algae were isolated from anemones using homogenization and centrifugation. The resulting algal pellets were washed twice in MFSW and treated for 45 min with 0.05% SDS to solublize any animal protein associated with the algal cells. After two more washes and re-suspension in MFSW, the number of algae present was assessed using a hemacytometer. Algal suspensions were cold stressed (with controls) as described for whole animals. SDS was added to a final concentration of 0.05% and the samples were left at room temperature for 45 min. The algae were removed by centrifugation and counted again to determine if cells had lysed during the incubation. The remaining supernatant was assayed for protein as before.

Results

The entities released during and after temperature stress appeared to be intact host cells. Those released after cold stress settled at the bottom of the container. In contrast, those released after heat stress accumulated at the surface of the water. Unlike the former, the latter were extremely difficult to collect and handle. They were too fragile to manipulate for electron microscopy, but we were able to view them by epifluorescence microscopy. After staining with fluorescein diacetate and Hoechst 33258, these cells were identical in profile to those released after cold stress. Host cells released in both cases appeared to be viable, with fluorescence restricted to the narrow compartment of the host cell cytoplasm that surrounded from one to five zooxanthellae (Fig. 2, left panel). Fluorescein diacetate was either not taken up by the zooxanthellae, or it was taken up but masked by the intense red autofluorescence of the zooxanthellae chlorophylls and the yellow autofluorescence of the zooxanthellae accumulation bodies. Staining with the bisbenzamide dye Hoechst 33258 revealed a single nucleus within each of these cells (Fig. 2, right panel).

When viewed with scanning electron microscopy, the cells released as a result of low temperature stress exhibited a morphology that was similar to endoderm cells released from both *P. damicornis* and *A. pulchella* by maceration (Fig. 3). In both cases, the host cell nucleus was visible under the plasma membrane. This observation suggested that entities released by thermal stress were intact cells and not "pinched off" products. Transmission electron microscopy confirmed the similarity, and clearly revealed the host cell plasma membrane, the vacuolar membrane surrounding the zooxanthellae, the host cell nucleus, and



Figure 5. Transmission electron micrographs showing degradation of the host cells released by *Pocillopora damicornis* in response to cold stress. After dissociation from the epithelium, the host cell plasma membrane ruptures (A) and the cytoplasmic constituents are free to disperse in the seawater (B). ZX, zooxanthella; RPM, ruptured host cell plasma membrane; CC, host cell cytoplasmic constituents; IZX, isolated zooxanthella. Bar = 1 μ m.

mitochondria (Fig. 4). Once released as a result of temperature stress, the host cells degraded rapidly. The host cell plasma membrane ruptured, the cytoplasmic components dispersed, and the vacuolar membrane disappeared completely, leaving isolated algae in the seawater (Fig. 5).

The release of intact host cells by *A. pulchella* and *P. damicornis* after thermal stress was further indicated by a significant positive correlation between the number of algae released and the total soluble protein detected in the surrounding medium after the host cells disintegrated (Fig. 6). Zooxanthellae and soluble protein released by unstressed control animals was modest (*A. pulchella*) or negligible (*P. damicornis*). Protein released by isolated zooxanthellae was below the limits of detection, and cell counts confirmed that isolated zooxanthellae had not lysed during the incubation (data not shown).

Discussion

The results of this investigation show that transient low and high temperature stress in darkness causes a reduction in the population density of zooxanthellae in *A. pulchella* and *P. damicornis*. Quantitative aspects of this reduction are described elsewhere (Steen and Muscatine, 1987; Muscatine *et al.*, 1991). This reduction is caused largely by detachment of host cells containing zooxanthellae. The profiles observed by Steen and Muscatine (1987), and interpreted as exocytosis of zooxanthellae, may have been incidentally evoked by low temperature, or by other stimuli, but neither exocytosis, apoptosis, necrosis, nor pinching off appear to be primary mechanisms of thermal bleaching by the enidarians observed in this investigation. Loss of host cells may explain why investigators observe loss of protein by bleached corals in excess of that accounted for by loss of zooxanthellae alone (Porter *et al.*, 1989; Glynn and D'Croz, 1990; Szmant and Gassman, 1990). Despite loss of cells, the hosts survive the treatment.

Release of zooxanthellae appears to be a two-phase process. Time-lapse video of *A. pulchella* during and after low temperature shock reveals that host cells containing zooxanthellae first dissociate from the endoderm and accumulate in the coelenteron where they form pellets or remain as loose cells. Then, during the rewarming period, the pellets and cells are periodically propelled by cilia and muscles through the actinopharynx to the external medium (Hoegh-Guldberg, 1989; Muscatine *et al.*, 1991). A protocol using gradual change in temperature also revealed host cell detachment. However, this protocol was dismissed in favor of the precipitous change in temperature because the former required a more lengthy and complex sampling regime.

We speculate that the dissociation of host cells from the endoderm is caused by host cell adhesion dysfunction.



Figure 6. Appearance of soluble protein in the incubation medium concomitant with release of zooxanthellae by *Aiptasia pulchella* and *Pocillopora damicornis*. Control (open squares), cold stressed (closed squares). Line fit with linear regression (Zar, 1984), for *A pulchella*, r = 0.81 ($y = 6.6012 + (2.71 \cdot 10^{-5})x$). For *P damicornis*, r = 0.96 ($y = 10.2124 + (6.28 \cdot 10^{-5})x$).

The effect of high and low temperature stress on cell adhesion and cytoskeletal organization has been investigated extensively in other systems. Cell adhesion dysfunction may result from temperature-induced membrane thermotropism (Melchior and Steim, 1976; Quinn, 1989) and passive influx of ions (Grisham and Barnett, 1973; Larsen *et al.*, 1988), especially calcium which, in turn, may cause the collapse of actin and the intermediate filaments vimentin and cytokeratin (Van Bergen en Henegouwen, 1985; Coakley, 1987; Wachsberger and Coss, 1989; Cress *et al.*, 1990; Walter *et al.*, 1990). Cytoskeletal elements are co-located with the cytoplasmic domain of cell adhesion molecules (Hirano *et al.*, 1987). As elements of the cytoskeleton and cell adhesion proteins function as a whole to maintain the integrity of epithelia, disruption of the former may cause dysfunction of the latter (Takeichi, 1988). Alternatively, temperature stress may cause denaturation of proteins involved in cell adhesion (Watson and Morris, 1987; Suzuki and Choi, 1990).

Although we have described the cellular entities released after thermal stress in darkness, and a probable underlying mechanism, low salinity (Goreau, 1964; Egana and Disalvo, 1982) and sedimentation (Acevedo and Goenaga, 1986) also evoke bleaching. Moreover, at high temperature, the bleaching response in some cnidarians is thought to be exacerbated by high irradiance (Coles and Jokiel, 1978), ultraviolet radiation (Harriot, 1985; Jokiel and York, 1982; Lesser et al., 1990), and active oxygen (Lesser and Shick, 1990). These other types of stress cause decreased zooxanthellae population density, but the mechanism of bleaching in each instance is still unknown. It may be fundamentally different from that observed in thermal bleaching. For example, we speculate that low salinity may cause the cnidarians to lose zooxanthellae by the mechanical disruption caused by hypoosmotic shock (i.e., necrosis). We suggest that bleaching be defined more rigorously in terms of both the environmental stress, and the morphology of the cellular entity released. Studies are now under way to determine if host cell detachment after thermal stress is a general phenomenon or specific to selected cnidarian genera.

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